



# CONFERENCE INFO PACK

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WE OFFER A HOST OF AMENITIES AND ACTIVITIES TO MAKE  
YOUR CONFERENCE EXPERIENCE A MEMORABLE ONE



# DINNER OPTIONS



We offer alternate dining options for your group to make it a little more fun. You have a choice of the following options:

## Option 1 - Hotel Restaurant

Large tables are set up in the main restaurant and delegates can choose items from either our A' la Carte menu or from our Three-course Set menu with three choices in each course.

## Option 2 - Bar/Patio

A more informal dining area. The bistro is surrounded by a beautiful seawater aquarium and leads onto a large patio, overlooking the Indian Ocean. Menus same as the above.

## Option 3 - Hotel Cellar (Private Dining Venue)

This is a very private venue and is creates great opportunity for team building and to let your hair down. This is a great evening where the cellar is transformed into a romantic dining room with loads of candles. Menus same as for restaurant. Maximum of 30 persons.

## Option 4 - Fish Braai (weather permitting)

We encourage the guests choose their own fish directly from our small commercial fishing fleet when they return from a day's fishing. These are then prepared in the hotel kitchen along with other seafood for a great relaxing evening around the pool and courtyard. There are also meat dishes available for those who prefer meat.

## Option 5 - Kassiesbaai (Private Dining Venue)

This is a community-based project where the Hotel arranges for you to have dinner in the historic living monument fishing village named Kassiesbaai. You are well looked after by the "retired Ladies" of the village.

You are collected from the hotel bar at around 7:30pm, taking a gentle stroll of about 800 meters to the village. Here you enter the typical "home" made of limestone, complete with a rietdak and an old wood burning stove. The food is basic local fare, consisting mainly of fresh fish which their husbands and sons caught earlier in the day. Special arrangements can be made for those that do not eat fish.

We have done many of these wonderful evenings and all previous guests (from government ministers to ambassadors) have found it to be an excellent and memorable event.

This is a private venue and you may let your hair down, and the local ladies make fantastic hosts.

Dinner options are included in your package rate.



# LEISURE ACTIVITIES



Should you have leisure time, or wish to do teambuilding there is a host of things to do, which makes Arniston unique.

## Arniston GINGKO Spa:

Opened in February 2007, a "state of art", fully operational Spa, operated by Gingko Spas. Offer all treatments from Skin Treatments to Body Treatments & the unique Rasul, a Turkish inspired mud/steam bath. Please pre-book any treatments to avoid disappointment.

## L'Agulhus / Stuisbaai:

Take a trip to Africa's most southern point and stand at the end of a continent. Observe the meeting of two oceans, taking note of the different sea vegetation. Climb the rickety staircase of South Africa's second oldest Lighthouse erected in 1848. Stop in the holiday village of Stuisbaai & visit the small harbour. Eat basic fish & chips at the harbour shop.

## Beaches and Swimming:

Choose from the hotel's swimming pool or the warm Indian Ocean. Body boards are available and there are two very safe beaches for swimming and beach activities.

## Boating:

Take a boat trip from Stuisbaai harbour into the bay, where you might have a close encounter with a school of 100 dolphins. Check out the Southern-most point from both oceans and then onto De Mond to try to spot a Great White. Finish off with a glass of sparkling wine as you cruise back to Stuisbaai.

## Bredasdorp:

Discover quaint Bredasdorp. Visit the historical Bredasdorp Dutch Reformed Church and then the only Shipwreck Museum in the Southern hemisphere around the corner. Visit the world-renowned Kapula Gallery and candle factory shop. Stop for tea or lunch at Julian's Ceramic Décor Gallery and have a guided tour of the factory.

## Cycling:

Arniston is a great area for cycling, with little traffic on the road and interesting off-road mountain-bike tracks. The hotel has 5 bikes for guest use.

## Sundowners on the beach or in the dunes:

We can drive you so far and then you have to climb the dune, carrying your drinks. From the vantage point you can watch the sun set over the Bredasdorp mountains and observe the sea & sand dunes change colour.

## Tractor Rides:

Climb on a tractor-drawn trailer just outside Bredasdorp on the farm Kleinsansdrieff. See beautiful "fynbos" and many species of birds, including our national bird, the Blue Crane. Enjoy panoramic views over the Agulhus Plain to the southern-most point of Africa. Partake in some local fare with a "Potjiekos", in the field. Cost R 90.00 per person.

## Volleyball:

We can set up a court on the beach or on the lawn in front of the Hotel.

## Waenhuis Cave:

This is a famous land mark. In fact, the village gets its Afrikaans name from this wonderful sea cave, accessible only at low tide and called so as it is large enough to turn a span of oxen, towing a wagon. The English name originates from the wreck of the East Indiaman sail ship, the Arniston, which sunk off the coast here, resulting in a tragic loss of lives, surpassed only by the Titanic. The wreck of the Arniston lies exposed on the sandy beach about a 2 km walk from the Hotel.

## Walking:

There are many walks along miles of stretched out beaches. A favourite is the De Mond Nature Reserve. We can transport the group to this unique location where they can enjoy a picnic and then walk a leisurely 4 hours back to the hotel. Or you can set off from the Hotel after breakfast, walk to De Mond and have a picnic there.

Cost – R 50.00 per person (transport & parks board entry permit)

## Whale watching:

Whales can be spotted from May to November in the bay in front of the hotel.